



EWG'S GUIDE TO SAFER SUNSCREENS





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EWG's sunscreen database rates the safety and efficacy of sunscreens and other products with SPF. We recommend products that provide long lasting, broad spectrum protection, with ingredients that pose fewer health concerns.

BE SAFE IN THE SUN THIS SUMMER

ewg.org/sunscreen

INGREDIENTS

AVOID

Oxybenzone
Vitamin A (retinyl palmitate)
Added insect repellent

LOOK FOR

Zinc oxide
Avobenzone
Mexoryl SX



PRODUCTS

AVOID

Sprays
Powders
SPF above 50

LOOK FOR

Cream
Broad - spectrum protection
Water-resistant
SPF to suit your needs, 15-50

MORE USEFUL TIPS FROM EWG

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Want to know more? Visit www.ewg.org/sunscreen

INSTRUCTIONS:

1. Cut along outside line.
2. Fold along middle line.

FOR MORE INFORMATION VISIT **EWG.ORG/SUNSCREEN**