



New Episode: Eco-Hazards in the Home and Body Exposed CNN's Sanjay Gupta and Environmental Experts Join Host & Producer Jennie Turner Garlington

# New EcoSense For Living Episodes Premiere on Atlanta's GPB for Earth Month

## **Eco-Hazards in the Home and Body Exposed**

## CNN's Sanjay Gupta and Environmental Experts Join Host & Producer Jennie Turner Garlington

**Atlanta – January 31, 2013 –** Two new episodes of the popular environmental series <u>EcoSense for Living</u> will premiere on Georgia Public Broadcasting during April for Earth Month. Focusing on ecohazards in your home and in your body, each 30-minute episode features quick tips and interviews with a host of experts including CNN Chief Medical Correspondent Sanjay Gupta, Ken Cook, the director of the Environmental Working Group, Environmentalist Laurie David and others. The series founder, producer and host is Atlanta native Jennie Turner Garlington whose father, Ted Turner, instilled deep environmental consciousness in her and in his entire family.

Today, as an environmental media champion, former CNN producer, mother and concerned citizen, Jennie embraces her father's sustainability views. Because she is passionate about providing for future generations, she developed *EcoSense for Living*, which began as a PSA series in 2005. It received such high acclaim that she quickly developed a 30-minute episode of the same name featuring Clark Howard. That first show offered environmentally friendly ways to save money everyday around the house and led to three subsequent episodes, one of which won a regional Emmy in 2011.

"Our two latest episodes of *EcoSense for Living* are especially near to my heart because although toxins are everywhere," Jennie said, "in many cases, it's pretty easy to keep yourself – and your children – more healthy with just a little education. My goal with 'Environmental Body Makeover' and 'Environmental Home Makeover' is to give people some easy-to-use tips to help us all live better lives and enjoy improved health."

**EcoSense for Living: Environmental Body Makeover**, episode 5, takes a close look at some of the food that's making us sick. Dr. Sanjay Gupta from CNN, Ken Cook and Dr. Andrew from the Integrative Medicine, and Environmentalist Laurie David join Jennie and discuss hidden toxins in foods. Useful and quick tips include shopping the outer aisles of the grocery store for less processed items and choosing meat that is hormone-free. Shauna K. Young, PhD joins for a look at how a manganese-free diet helped a young boy with autism make remarkable strides.

**EcoSense for Living: Environmental Home Makeover**, episode 6, welcomes back Dr. Gupta and Ken Cook and introduces Pete Myers from the Environmental Working Group. Together they take a look at common household products with potentially harmful ingredients. From cell phones to water bottles to



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flooring to kitchen utensils to thermal paper receipts, Jennie and her team explain how to avoid these dangers. Tips include always use a hands-free device to keep your cell phone away from your brain and use wooden or stainless steel utensils (not plastic) when cooking with high heat.

The new episodes will air on Georgia Public Broadcasting throughout April. Consult local listings for exact dates and times or visit <a href="https://www.gpb.org">www.gpb.org</a>. Other episodes in the series include:

- **EcoSense for Living**, this first episode features Clark Howard and other green cleaning experts showing environmentally friendly ways to save money everyday around the house.
- **EcoSense for Living: Children & Nature**, episode 2, profiles the importance of getting children outside and involved in nature. Richard Louv identifies the phenomenon of dwindling exposure as "nature deficit disorder" in his book "Last Child in the Woods."
- **EcoSense for Living: Green Jobs**, episode 3, explores how corporations large and small are making a difference in America with green jobs.
- *EcoSense for Living: Green Buildings*, episode 4, profiles homes, a school and even Atlanta's Phillips Arena to illustrate how energy efficient buildings reduce our carbon footprint in remarkable ways. Jennie won a regional Emmy in 2011 for this episode.

To date, the EcoSense for Living series has aired in top markets nationally, including Los Angeles, San Francisco, Boston, Detroit and Seattle. In total, the four episodes have aired nearly 2,000 times nationwide. Each episode is produced by <u>SaltRun Productions</u> and made available to PBS stations across the United States via NETA, an internal network/satellite service.

### About GPB

As one of the largest PBS stations in the nation, Georgia Public Broadcasting (GPB Media) has been creating content worth sharing for over 50 years. With nine television stations, 17 radio stations and a multi-faceted web presence, GPB strives to educate, entertain and enrich the lives of our viewers and listeners with programming that includes statewide radio news, current affairs, high school sports, educational resources for teachers and students and enlightening programs about our state like Georgia Outdoors, Georgia Traveler and Today in Georgia History.

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#### Media Contact -

Becky Peterson 770-367-0321 bpetepr@bellsouth.net Kristine Witherspoon 404-522-4798

kristinelw@turnerfoundation.org