Type of lettuce sampled	Perchlorate concentration (ppb wet weight)	Micrograms perchlorate in 2 oz. serving (about 1 cup)
Conventional Adult Butter Lettuce and Radicchio	60 to 100 ppb	3.4 to 5.7
Conventional Adult Romaine Lettuce and Radicchio	30 to 60 ppb	1.7 to 3.4
Conventional Adult Head of Iceberg Lettuce	30 to 55 ppb	1.7 to 3.2
Mixed Organic Baby Greens	121 ppb	6.7
Average perchlorate level in these four samples	72 ppb	4.1