72

```
1 consumption. There's lots of fish, which can be
```

- 2 eaten, with essentially no risk.
- 3 One of the things to reassure people
- 4 that it's pretty unlikely that you've done damage
- 5 here. These levels that we're talking about here
- 6 are already based on ten-fold safety factors.
- 7 So -- and they're also assuming chronic dietary
- 8 levels of consumption at that level. Really not
- 9 talking about, you know, where you have a week
- 10 where you ate two cans of tuna fish, that that in
- 11 itself is a risky thing.
- MODERATOR: Or the summer when she's
- 13 eating the fish from the Bay and --
- DR. LEVY: It is prudent, particularly
- for pregnant women to avoid these high mercury
- 16 fish and moderate their tuna fish consumption,
- 17 but it's really not -- we're really talking about
- 18 chronic eating patterns here. We're not talking
- 19 about regulating if they eat on occasion, and
- that's actually one of the things that we're
- 21 struggling with is how to communicate that idea
- that what we're talking about is a sort of